

DISSEMINATION OF NEW RESOURCES TO PROMOTE OPTIMAL HEALTH AMONG YOUTH

Date: Wednesday, October 21, 2020

Time: 1:00 – 4:30 p.m. EST

Hosted By: Office of Population Affairs

Each session will provide participants an opportunity for Q&A.

Sessions

1:00 – 1:10p.m. EST

Welcome & Overview

1:10 p.m. – 1:25 EST

Understanding the Optimal Health Framework

The mission OPA is to promote health across the reproductive lifespan through innovative and evidence-based programs. A fundamental aspect of achieving that mission involves the integration of the concept of Optimal Health into our projects and initiatives. We will discuss how the Optimal Health Model prioritizes prevention.

Presenter:

Diane Foley, M.D.
Principal Deputy Assistant Secretary of OASH,
Deputy Assistant Secretary of OPA

Target Audience:
Federal Staff, Youth-Serving Organizations, Program, Evaluation

1:25 – 1:40 p.m. EST

SMARTool 2.0

A variety of tools exist to assist CBO's find curricula that meet the needs of the youth that they serve. The SMARTool 2.0 focuses on risk-avoidance and was developed to include emerging themes that are important to optimal health outcomes in youth. We will discuss the recent revisions to the tool and how it can be used to improve program implementation.

Presenter:

Nanci Coppola, DPM, MS
Senior Legislative and Policy Advisor for OPA

Target Audience:
Federal Staff, Youth-Serving Organizations, Program Implementers and Developers

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1:40 – 2:25 P.M. EST

Lessons from the Field: Resources for Pregnancy Prevention Programs –

A formative evaluation to assess the impact of two pregnancy prevention programs was recently completed. We will share the resources developed including “Conversation Cards” to help parents/caregivers start conversations about relationships and sexual health with teens and other resources for engaging parents and caregivers and staff.

Target Audience:
Federal Staff,
Youth Serving
Organizations,
Program and
Evaluation

Presenters:

Kristen Klein, Ph.D., MITRE Corp. Project Lead
Rachel Kleinberg, MA, MITRE Corp. Project Lead

2:25 -2:50 p.m. EST

Single & Multi-Message Sexuality Education: Improving Precision Prevention for the Field

Classroom context is an understudied variable in the evaluation of sexuality education and prevention programs. Join us for a discussion of underrepresented contextual factors and their importance as potential moderators of program outcomes in group-based settings.

Target Audience:
Federal Staff, Youth-
Serving
Organizations,
Program and
Evaluation

Presenter:

Lisa Rue, Ph.D.
Senior Advisor, Strategic Partnerships, cliexa

2:50 – 3:00 p.m. EST

BREAK

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3:00 – 3:30 p.m. EST

Fertility Knowledge Among Young Adults in the US

Findings from a recent study on the fertility knowledge of young adults in the United States will be presented. We will share the results of a survey, which was administered to over 3,000 18-29 year-olds during the spring of 2020 and discuss the implications for health education programs.

Target Audience:
Federal Staff, Youth-Serving Organizations

Presenter:

Diane Foley, M.D.
Principal Deputy Assistant Secretary of OASH,
Deputy Assistant Secretary of OPA

3:30 – 4:00 p.m. EST

Pregnancy Assistance Fund Program Highlights

This year marks the sunset of OPA's Pregnancy Assistance Fund (PAF) grant program and associated research contracts. OPA concluded a 7-year evaluation study that among other tasks, examined the effectiveness of 3 interventions for pregnant and parenting youth and their families. This presentation will highlight the findings from these 3 evaluations, systematic reviews of the literature, a recently published supplemental journal issue, video conversations with experts from the field and other products that have been produced from this research.

Target Audience:
Federal Agencies doing related work

Presenters:

Susan Zief, Ph.D.
Senior Researcher, Mathematica
Jessica Harding, Ph.D.
Senior Researcher, Mathematica

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4:00 – 4:25 p.m. EST

Promoting Positive Adolescent Health Behaviors & Outcomes

A detailed study of key components of youth-serving programs that have proved successful in improving health outcomes related to adolescent behavior was recently completed. We will share the study findings & resource briefs developed to inform the fields of youth development and Optimal Health.

Target Audience:
Federal Staff, Youth-Serving Organizations, Program, Evaluation

Presenter:

Nicole Kahn PhD, MEd, Program Officer, Board on Children, Youth, and Families
The National Academies of Sciences

4:25 – 4:30

Wrap-Up and Closeout